



## **Ignatian Communal Apostolic Discernment**

*Essential commitments for all participants*

### **1. BEGIN THE PROCESS IN A STATE OF IGNATIAN INDIFFERENCE**

- Approach the deliberation with an impartial mindset.

### **2. OUTLINE THE PRO'S AND CON'S OF THE DECISION**

- Weigh the issues, concerns, and values in light of the mission and vision.

### **3. BE A CONTRIBUTOR AND AN ACTIVE LISTENER IN BRAINSTORMING A SOLUTION**

- Share opinions and encourage the contributions of others.

### **4. PRESUME GOOD INTENTIONS ON THE PART OF OTHERS**

- Pay close attention to people with viewpoints that differ from your own by 'seeing through their eyes.'

### **5. NOTICE GOD'S PRESENCE AND WILL**

- Be mindful of Ignatian desolation, feelings of agitation or a disharmony of thoughts and feelings, and Ignatian consolation, feelings of peace and satisfaction. Recognize that moments of inspiration and gratitude are encounters with the Divine.

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